

2021-22 WINTER LEAGUE GUIDELINES

(January 5, 2022 updates in red)

The health and safety of our community remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 transmission risk as much as possible while giving kids an opportunity to engage in healthy physical activity.

This is what we are planning. There are no absolutes in this pandemic and there may be situations that do not fit into any category listed below. We will handle those situations as they arise and hope for a spirit of cooperation.

CONSIDERATIONS AS WE MOVE FORWARD:

- How are community transmission numbers? If they trend upward we would revisit our policies.
- Have we had any community spread at league events?

MASK USE WITH INDOOR ACTIVITY

Masks must be worn by everyone at all times inside every gym.

~~In the spirit of giving our kids the best chance to keep playing through the Winter months, we ask everyone to respect the masking guidelines at all of our facilities. Considering that in the Winter most people spend more time indoors and all illnesses naturally increase, our league masking guideline is as follows:~~

- ~~1. Everyone is asked to wear masks in every facility~~
- ~~2. Please see the detailed chart at www.mission5and2.org > Winter > Gym Info & COVID-19 for any building guidelines that supersede guidelines 3 and 4 listed below.~~
- ~~3. While players are playing on the court, they may take their masks down~~
- ~~4. Head coaches can take their masks down during their game (head coaches only)~~
- ~~5. Please see the detailed chart at www.mission5and2.org > Winter > Gym Info & COVID-19 for additional spectator guidelines~~

HOW DO WE DETERMINE CLOSE CONTACTS:

To the right is the definition of close contact from the CDC website. We will use this as a guide when determining close contacts. The Health Department gave us this wording to summarize the information: "Contact with someone for 15 minutes or more (cumulative) would deem one a close contact." Every situation is unique and we cannot issue a blanket statement to determine close contacts during basketball practices and games. Every situation will be dealt with on a case by case basis.

Close Contact through proximity and duration of exposure: Someone who was less than 6 feet away from infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period (for example, *three individual 5-minute exposures for a total of 15 minutes*). An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic people, 2 days before the positive specimen collection date), until they meet the criteria for ending isolation.

- **Exception:** In the K-12 indoor classroom setting or a structured outdoor setting where mask use can be observed (i.e., holding class outdoors with educator supervision), the close contact definition excludes students who were between 3 to 6 feet of an infected student (laboratory-confirmed or a clinical diagnosis) if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time.

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

COMMUNICATION OF POSITIVE CASES

Coaches must report a positive case of COVID-19 on their team if they had interaction with any other league teams/staff during a contagious period, which is 48 hours prior to symptoms or positive test. Coaches are also responsible for notifying the members of their team of a positive case. We will notify any teams who were involved in a game with a positive case so they can be mindful to monitor symptoms. Report any positive cases to Kath Cloran (kath@mission5and2.org).

WHAT TO DO IF YOU HAVE BEEN IDENTIFIED AS A CLOSE CONTACT

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

HEALTHY SETTING

We have taken measures to avoid overcrowding in gyms. Please see the detailed chart at www.mission5and2.org > Winter > Gym Info & COVID-19.

- Teams are asked to arrive at their listed game time and not much earlier than that. Game time blocks were increased to 75 minutes to allow for more time in between games.
- We ask 1 spectator per player attend for all games at The Steeple and Notre Dame Academy
- In all facilities, all spectators are asked to remain masked at all times
- ~~In some gyms, head coaches, players on the court and referees may take their masks down (see website for detailed list)~~

SYMPTOM CHECK

Please use the following guide as a symptom check:

Cough	Fever 100.3 or above
Shortness of breath	Muscle pain
New loss of sense of taste	Headache
New loss of sense of smell	Sore throat
Nausea/vomiting	Fatigue
Diarrhea	Congestion/runny nose